

Team Walkers

Getting Started

Team Walkers are designed to be used in pairs (a set) or connected together as a train of pairs

Pairs have been designed for 2, 4 & 6 people, make a note of which size pair you have.

How To Play

1. Place Team Walkers on the floor side by side with the rounded end facing forward
2. With Team Walkers facing forward, the person in front takes hold of the front ropes – right rope, right hand – left rope, left hand
3. Each person in the positions behind hold ropes in the same way
4. Each person places their right foot on the right Team Walker, just behind the right rope they are holding and their left foot on the left Team Walker, just behind the left rope they are holding.

Connecting Team Walkers to Create a Train

A rope comes with each set (pair) of Team Walkers, required for connecting two sets together. The holes located in the front and rear of the Team Walkers are for tying two or more sets together for use by more persons (there is no limit to the number of sets you can join together).

The more Team Walkers joined together, the greater the challenge for the participants.

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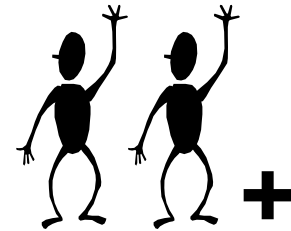
All persons must raise the same foot and pull up on the rope on the same side as the foot they are raising to keep the Team Walkers against their foot as they raise it (like an extension of their foot)

Co-operation

All participants must move together requiring complete co-operation with each other.

Communication

All participants must talk, listen, read and send body language so that they will be able to walk together.



Suitable for 2 or more participants aged 5 and over

Co-ordination